

Consumption Type		Onset Time	Duration	Starting Dose	Effect Potency	Types	Common Sizes	Description	Typical Required Accessory
	<b>Vaporizers (Vapes)</b>	 1-3 min	 1-3 hrs	1 inhale (hit)	Strong initial delivery	Live resin, cartridge, pod, disposable	.3g, .5g, 1g, 2g cartridges	Cannabis vape cartridges, utilizing cannabis concentrate, offer discreet consumption and potent effects. We offer two different types.	Pen vaporizer (Battery) - needed for cartridge type only
	<b>Pre-rolls</b>	 1-10 min	 1-3 hrs	2-3 inhales	Strong initial delivery	N/A	Multi-pack or single use	Cannabis flower is the smokable, trichome-covered part of a female cannabis plant. Pre-rolls are cannabis joints that have been rolled ahead of time for you.	Lighter
	<b>Flower</b>	 5-10 min	 1-3 hrs	2-3 inhales	Strong initial delivery	N/A	1g, 3.5g, 7g, 14g, 28g flower	Cannabis flower is the smokable, trichome-covered part of a female cannabis plant.	<small>Combustible (flame)</small> Rolling paper, filter, cone bong or pipe, lighter <small>Non-combustible</small> Herb Vaporizer (electronic)
	<b>Edibles (Infused Products)</b>	 30-120 min	 6-8 hrs	1mg - 5mg	Slow delivery, potent	Baked goods, candies, gummies, chocolates, lozenges, beverages, pills, powders/mixers, oil	1 piece	Edibles are ingestible forms of cannabis that come in various types, typically made with cannabis extract or oil. Some can be chewed or eaten, others can be swallowed or drank.	None
	<b>Tinctures / Sublinguals</b>	 30-40 min	 4-6 hrs	As directed	Slow delivery, potent	N/A	1 ml, 2 ml	A tincture is a mixture that is administered orally or sublingually via a dropper.	Dropper pipette
	<b>Topicals / Balms</b>	 5-20 min	 2-3 hrs	As directed	Slow delivery, potent	Creams and balm sticks	Various	Cannabis topicals encompass infused products like salves, lotions, and balms tailored for specific concerns, providing localized relief when applied to the skin.	None
	<b>Suppositories</b>	 10-20 min	 3-6 hrs	1 piece	Medium delivery	N/A	1 piece	Suppositories are small and contain medication that is slowly released into the body after insertion as the suppository melts. CBD suppositories contain CBD oil or isolate.	None
	<b>Concentrates / Dabs</b>	 1-3 min	 2-3 hrs	1 inhale (hit)	Strong initial delivery	N/A	1 gram	Cannabis concentrates extract cannabinoids for high potency and quick effects, with varied consistencies. There are several processes that concentrates can be made.	Vaporizer Dab Rig Water Pipe